

JANUARY 2019

LUCAS LOCAL SCHOOL



Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

7
W/G CEREAL,
CEREAL BAR **OR** POPTART
CHEESE STICK **OR** YOGURT
CHOICE OF FRUITS
100% JUICE
MILK

8
PANCAKES
OR
DANISH
CHOICE OF FRUITS
100% JUICE
MILK

1
FRENCH TOAST STICK **2**
OR
BREAKFAST SANDWICH
CHOICE OF FRUITS
100% JUICE
MILK

3
BREAKFAST PIZZA
OR
CINNAMON ROLLS
CHOICE OF FRUITS
100% JUICE
MILK

4
W/G DONUTS
OR
BREAKFAST BREADSTICK
CHOICE OF FRUITS
100% JUICE
MILK

14
W/G CEREAL,
CEREAL BAR **OR** POPTART
CHEESE STICK **OR** YOGURT
CHOICE OF FRUITS
100% JUICE
MILK

15
PANCAKES
OR
DANISH
CHOICE OF FRUITS
100% JUICE
MILK

9
FRENCH TOAST STICK
OR
BREAKFAST SANDWICH
CHOICE OF FRUITS
100% JUICE
MILK

10
BREAKFAST PIZZA
OR
CINNAMON ROLLS
CHOICE OF FRUITS
100% JUICE
MILK

11
W/G DONUTS
OR
BREAKFAST BREADSTICK
CHOICE OF FRUITS
100% JUICE
MILK

16
FRENCH TOAST STICK
OR
BREAKFAST SANDWICH
CHOICE OF FRUITS
100% JUICE
MILK

17
BREAKFAST PIZZA
OR
CINNAMON ROLLS
CHOICE OF FRUITS
100% JUICE
MILK

18
W/G DONUTS
OR
BREAKFAST BREADSTICK
CHOICE OF FRUITS
100% JUICE
MILK

NO SCHOOL

22
PANCAKES
OR
DANISH
CHOICE OF FRUITS
100% JUICE
MILK

23
FRENCH TOAST STICK
OR
BREAKFAST SANDWICH
CHOICE OF FRUITS
100% JUICE
MILK

24
BREAKFAST PIZZA
OR
CINNAMON ROLLS
CHOICE OF FRUITS
100% JUICE
MILK

25
W/G DONUTS
OR
BREAKFAST BREADSTICK
CHOICE OF FRUITS
100% JUICE
MILK

28
W/G CEREAL,
CEREAL BAR **OR** POPTART
CHEESE STICK **OR** YOGURT
CHOICE OF FRUITS
100% JUICE
MILK

29
PANCAKES
OR
DANISH
CHOICE OF FRUITS
100% JUICE
MILK

30
FRENCH TOAST STICK
OR
BREAKFAST SANDWICH
CHOICE OF FRUITS
100% JUICE
MILK

31
BREAKFAST PIZZA
OR
CINNAMON ROLLS
CHOICE OF FRUITS
100% JUICE
MILK

Breakfast Price: \$1.50
Reduced Breakfast .30

Menu Subject to Change

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

